

Feedback from previous Summer Exchange Programmes participants					
Student Year	Major	Region	Country	Instuition	Feedback
YEAR 4	BBA	Asia	South Korea	Hanyang University	<p>I believe everyone should go on an exchange at least once in their life. It is an unforgettable experience that broadens your horizons and enriches your life in countless ways. As a final-YEAR student preparing to graduate, I have no regrets about my decision to participate in this exchange program. During my time abroad, I met incredible friends from all around the world, including Japan, Singapore, and the Netherlands. This cultural diversity allowed me to learn about different perspectives and traditions, which has greatly enriched my understanding of the world.</p> <p>I also had the opportunity to learn new languages, which has been both challenging and rewarding. The language skills I gained will undoubtedly benefit me in my future career.</p> <p>Hanyang University provided numerous events for us to participate in, including concerts like SBS gayo daejeon 2025 and trips to places like Lotte World. These experiences created lasting memories and made my time abroad even more enjoyable.</p> <p>Overall, my summer abroad was a transformative experience that I will cherish forever. I encourage everyone to embrace the opportunity to study abroad!</p>
YEAR 3	BA CHI	Asia	South Korea	Hanyang University	<p>My life as an international student in Korea has been a great opportunity to gain an in-depth understanding of the country's efforts and achievements in various aspects of the SDGs. In this journal, I hope to focus on showcasing Korea's work and outcomes in sustainable cities and communities.</p> <p>During my month in Seoul, I discovered that Korea's efforts toward achieving SDG 11 (Sustainable Cities and Communities) are not just distant slogans but concrete practices permeating every corner of daily life. It is a process that skillfully combines high technology with traditional wisdom, constantly seeking a balance between "development" and "sustainability."</p>

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YEAR 2	BBA ECON & DA	Asia	South Korea	Korea University	<p>My summer exchange in South Korea is undoubtedly a remarkable experience in my life. This exchange programme provides well rounded learning by exploring Korean culture instead of solely focus on academic.</p> <p>At the first day of school, Korea university gave us a glimpse of cheerleading culture, which is a popular performance art in Seoul. The school cheerleading team taught us some elaborate dance movements and slogans. Although I am not familiar with this culture, the energy of the cheerleaders, the vivacious music and the interaction with other students make me feel the enthusiasm of Korean cheerleading deeply. This opportunity is very precious that I might never experience again as a KU student.</p> <p>Other than Seoul, I also explored Jeju on weekends. Unlike the hustle and bustle city life in Seoul, Jeju provides slow-paced rural lifestyle with numerous natural landscapes, which can temporarily get me out from stress and find my inner peace. During my time in Jeju, I visited Seongsan Ilchulbong, where a UNESCO World Heritage volcano crater is located. Even though I did not hike to the peak, the panoramic view of coastline and the crater from the base were still stunning. I genuinely enjoyed the scenery and felt honoured to witness the natural beauty of Jeju.</p> <p>My exchange in South Korea extended beyond visiting these local iconic landmarks, another highlight was the chance to expand my social circle. Everyone in the exchange programme was friendly and enthusiastic. I remember that on orientation day when some foreign students approached me to introduce themselves. We became friends from that day and always gathered for shopping and meals. Not only did we explore the city together, but we also share our home cultures with each other. Thus, this exchange programme offered me the opportunity to make life-long friends from around the world. To conclude, this exchange programme has broadened my horizons and enlarged my social network. Every sight I visited, every food I tasted and every person I met has contributed to my unforgettable journey in life. I am glad I participated on this summer exchange as it was truly worth it.</p>
YEAR 2	BBA MARKETING	Asia	South Korea	Seoul National University	<p>Seoul National University (SNU) is one of South Korea’s most prestigious universities and a leading research institution. Although it is one of the top universities in South Korea with a large student population, this school insists on adopting a small-class teaching model, with each class having around 13 students to ensure the quality of education. In this classroom, I got to know classmates from all over the world, including those from Harvard University and the National University of Singapore. The classes were filled with laughter, and the professors were incredibly kind and amusing. The teaching methods at Seoul National University are highly diverse. They advocate taking students on-site for field trips rather than just relying on PowerPoint presentations. For example, this field trip aimed to help us learn more about Korea, with the destination being the border between North and South Korea. Here, we got to see some North Korean currency and landscapes, which truly broadened my horizons. Cafés in Korea are also filled with greenery, and their plastic reduction policies are more advanced compared to Hong Kong. While they still use plastic straws, the straws are designed to be recyclable. They also adopted reusable plastic cups for dine-in customers five YEARS earlier than Hong Kong. Both Cheonggyecheon and the Han River, which were notorious for their foul smells YEARS ago, have now become globally recognized examples of revolutionary transformation. These spots are not only loved by tourists but also receive significant attention from the government. Sitting by the stream is truly relaxing.</p>

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YEAR 1	BA C&P WRITING	Asia	South Korea	Seoul National University	<p>It is a very good experience and definitely will become one of the most memorable summer I have ever had. All the professors and students are friendly and we have many chances to communicate. It is great to have friends from all over the world, especially amazing interactions. Also, the academic atmosphere is also very comfortable which makes me to decide to have future careers in that environment.</p>
YEAR 3	BSC INNO HSWB HTI	Asia	South Korea	Yonsei University	<p>I was truly amazed by my summer exchange in Korea. Studying at Yonsei University was an excellent experience – the quality of the professors and teaching materials showed me why Yonsei is among the top three universities in Korea and ranks highly worldwide.</p> <p>Beyond academics, the cultural differences between Korea and Hong Kong were striking. In Korea, people almost always eat together, and eating alone is uncommon and sometimes unwelcome – a real challenge for me as I was travelling solo. I also noticed that while some Koreans can be impolite, such as cutting in line or coughing without covering their mouths, most still show great respect for the elderly. For example, priority seats on trains remain empty unless used by elderly or disabled passengers, even when the train is crowded.</p> <p>Overall, the learning aspect of the trip was outstanding, while the dining and entertainment experiences were less than expected. Still, the cultural contrasts both surprised and impressed me, making the trip unforgettable.</p>

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YEAR 2	BA HIST	Asia	South Korea	Yonsei University	<p>During my time in South Korea, I gained valuable insights about cultural diversity. By attending classes, I learned that Korea is rooted in Confucian practices, which shape family dynamics and social hierarchies. Additionally, through my interviews, I discovered that Koreans are becoming more accepting of foreign cultures and are welcoming immigrants into their society.Visiting sites like Dongdaemun highlighted the balance between heritage and modernity. There, I saw traditional architecture alongside innovative designs, showing that Koreans honor their past while embracing the future. I also noticed that Koreans are generally very kind and eager to help foreigners, even with language barriers. This willingness to assist reflects their commitment to creating a peaceful and inclusive society.This outreach activity offered an unforgettable journey that deepened my appreciation for Korean culture and values. It also empowered me with various skills. Engaging with people in an unfamiliar environment boosted my confidence, independence, adaptability, and problem-solving skills, preparing me for future challenges.</p>
YEAR 3	BA VISUAL ARTS SMA	Asia	Japan	Akita International University	<p>The summer programme was really great. I made different friends from different countries. As the only student from Hong Kong, I had to rely on English to communicate and make new friends in an unfamiliar environment. Fortunately, everyone understood that English wasn't my first language and spoke with me patiently. Apart from the activities provided by our host university, we plan trips or activities for our weekends, such as train trip and onsen trip. Outside of my Japanese classes, I joined the Kanto club, where I had the chance to meet new Japanese friends. It was really fun and I could not believe that I had a chance to learn Japaese traditional archery Kanto. I could also immerse myself in a new environment and talk with Japanese people in Japanese.</p>

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YEAR 3	BSC AP BIOL BIOTECH STD	Asia	Japan	Seinan Gakuin University	<p>This summer program flew by, but it was truly a treasure. I improved my Japanese speaking skills and made wonderful friends, and these memories will stay with me forever.</p> <p>During my time at SGU, I engaged in various activities like wearing a hakama, Japanese calligraphy, and field trips to Kyushu. I learned about Japanese culture and history, visiting places like Tochoji Temple and Kumamoto Castle. The experiences deepened my understanding of Buddhism and local traditions, and I enjoyed delicious local desserts.</p> <p>The lessons were fun and interactive, with opportunities to practice Japanese through conversations with local students. The supportive atmosphere made learning enjoyable, and I became more confident in my speaking skills.</p> <p>Outside of class, I connected with friends from different countries, sharing experiences like watching fireworks and wearing yukatas. I admired the kindness of the local people and their simple, healthy lifestyles, which inspired me to reflect on my own habits.</p> <p>I also traveled alone, enjoying the quiet beauty of places like Yame City and Itoshima. Each visit to shrines and local museums enriched my understanding of Japanese culture.</p> <p>This experience has not only boosted my confidence but also inspired me to embrace new adventures, and I hope more students have the chance to enjoy similar opportunities.</p>
YEAR 3	BA REL PHIL & ETH	Asia	Japan	Seinan Gakuin University	<p>During this one-month program, experiential learning extended beyond the classroom. In addition to meeting friends from diverse countries, cultural backgrounds, ethnicities, and age groups, I also had the opportunity to participate in various Japanese cultural activities, such as tea ceremonies, martial arts, and calligraphy.</p> <p>The home visit was particularly meaningful, as interacting with local Japanese hosts gave me deeper insights into their lifestyle, customs, and traditions. Moreover, the school organized trips to museums, temples, Kumamoto Castle, and other historical sites, all of which enriched my understanding of Japan’s history.</p> <p>The only regret was that the extreme heat which limited my ability to explore more places.</p>

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YEAR 2	BBA ENTREP & BI	Asia	Japan	Seinan Gakuin University	<p>This summer, I attended the “experience-based learning” Summer Programme of Seinan Gakuin University. Through interactive activities, I gained a lot of valuable experiences and acquired deeper insight of both Japanese language and their culture.</p> <p>When I first arrived at the accommodation, I can barely speak Japanese, even basic daily conversation. Thus, I had to use English with my Resident Assistant. Although we still had some problems communicating, she helped make my move-in process smooth. The day after, we met with our “Buddies”, who led us to the university’s canteen, which greatly helped me relieve my nervousness of ordering food in Japanese in front of Japanese people.</p> <p>With my strong grammar knowledge, I got good marks in the pre-arrival test as well as the placement test, which led me to be placed into Level 3 class. However, during the first day of class, our teacher found that my speaking skill was not sufficient to stay at this level and therefore asked me to transfer to Level 2 class. With some unwillingness, I went to Level 2, where all students made mistakes often, but they were brave to speak. Eventually, I found that it was the right decision to let me go down to Level 2, since this Summer Programme mainly focused on speaking. I tried to force myself to speak. Gradually, I could form appropriate sentences and expressed my feelings. Although from time to time, I still struggled to recall some words, I learned to be brave to talk. There were even activities to ask questions to random people in the university and in a park. Despite the initial anxiety, I successfully completed the practice with my reliable partners.</p> <p>During the programme, I attended the “Japanese Traditional Culture” culture activity lecture, which introduced Japanese manners when visiting temples and other cultural knowledge. It was a good preparation for the one-day trip the day after that. During the one-day trip in Fukuoka, we visited Nangakuzan Tochoji Temple and Kyushu National Museum, where many precious collections were presented. During the two-day trip afterwards, we visited Yufuin and Kumamoto, where scenery of countryside and villages with traditional structures could be seen.</p> <p>Time flew and the Summer Programme successfully ended. For me, the main personal growth is to be determined to step out of my “comfort zone” and to conquer various difficulties. From not being able to organise complete sentences to talk fluently with Japanese students, I felt my daily progress into a more confident self. Throughout this summer in Fukuoka, I talked and lived with people from different countries with different backgrounds, as well as Japanese locals. This is a valuable experience during which I truly lived there rather than simply travelling for a few days. It would remain as unforgettable memory, and I am glad I chose to attend the programme. Finally, I feel grateful to HKBU for providing me with this chance which shines on the trail of my personal development.</p>
YEAR 4	BBA FINANCE	Asia	Japan	Waseda University	<p>The program offered a good balance of classroom learning and real-world experiences. I took two main business courses. “Business 1: Introduction to Japanese Management” taught me about unique Japanese business practices like 'Nemawashi', which is about building agreement slowly, and 'Kaizen', meaning continuous improvement. “Business 2: Japanese Corporate Culture” explained how Japanese companies operate, including their structure, the importance of respect in communication, and the meaning behind exchanging business cards ('Meishi'). These classes helped make sense of the business culture I saw outside the classroom.</p> <p>We also went on field trips. The trip to Nikko was beautiful. We visited the Toshogu Shrine, a world Heritage site with incredible carvings, set in the mountains. Trying a traditional Japanese hot spring bath, 'onsen', there was a completely new and relaxing experience. Another trip took us to Shimane and Matsue, showing a quieter, more traditional side of Japan. Exploring Matsue Castle and the old samurai areas felt like stepping back in time and was very different from Tokyo.</p> <p>Social events were important too. The program arranged times for us to meet Waseda students, which was helpful. A definite highlight was attending a huge fireworks festival ('Hanabi Taikai') by the Sumida River. Sitting with other students, sharing snacks like takoyaki, and watching the amazing fireworks together was a fun and easy way to connect. Knowing we needed more chances to make friends, some of us took the initiative. We invited Japanese students we met for casual coffee or lunch. One successful effort was organizing a karaoke night. It started a bit awkwardly but turned into a hilarious and bonding experience where everyone sang loudly, laughed a lot, and truly connected. We also caught glimpses of local summer festivals, enjoying the lively atmosphere, food, and people wearing summer kimonos ('yukata').</p> <p>This summer exchange significantly helped me develop new skills and understanding. I gained a much deeper practical understanding of how to interact respectfully and effectively with people from different cultures, moving beyond just book knowledge. Navigating daily life in a completely new country greatly improved my ability to adapt to unexpected situations and solve problems creatively. My communication skills improved, especially learning how to express myself clearly across language barriers and cultural differences, using simpler English, paying attention to body language, and using translation tools wisely. My basic Japanese conversational skills also improved out of necessity! I also gained confidence in initiating contact and building relationships, even when it felt challenging or awkward. The business courses provided unique, practical insights into Japanese management and corporate culture that I couldn't have fully grasped from textbooks alone. Finally, living and studying alongside students from all over the world broadened my perspective immensely, helping me appreciate different viewpoints and ways of life.</p> <p>My summer exchange at Waseda University was a profoundly enriching experience that went far beyond academic credits. It challenged me to step outside my comfort zone, deepened my understanding of Japanese culture, and helped me develop valuable personal and professional skills. The difficulties in connecting with local students taught me patience and persistence, making the friendships I did form feel especially rewarding. From the vibrant energy of Tokyo to the serene beauty of Nikko, from insightful business lectures to joyful karaoke nights, every aspect contributed to my growth. This program has given me greater confidence, clearer career goals, and a broader global perspective. I am incredibly grateful for the opportunity. I highly encourage any student considering a similar program to embrace it fully, be open to every experience, and prepare for a truly transformative journey.</p>

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YEAR 3	BBA FINANCE	Asia	Japan	Waseda University	<p>This summer, I had the incredible opportunity to participate in a 43-day exchange program at Waseda University in Tokyo. As a Finance major from Hong Kong Baptist University, this experience not only broadened my academic horizons but also deepened my understanding of Japanese culture through immersive activities and interactions.</p> <p>Academically, I enrolled in two courses: Sociology and Interdisciplinary Studies. Both classes were taught by experienced professors who encouraged critical thinking and lively discussions. Coming from a finance background, I initially found some concepts challenging, but the professorsâ€™ engaging teaching methods and the diverse perspectives of my classmates helped me grasp new ideas. The interdisciplinary course, in particular, allowed me to explore topics beyond my usual scope, fostering a more holistic way of learning.</p> <p>Beyond the classroom, I actively participated in cultural activities organized by the university. During a two-day field trip to Nikko, I visited UNESCO World Heritage Sites such as Toshogu Shrine and learned about the history of the Edo period and Shinto traditions. Wrestling Experience in Sumo: On the Higashi Fushimi campus, we practiced basic techniques with retired wrestlers and gained insight into the rituals of this sacred sport. I also participated in handheld fireworks at Toyama Park: A night of ðŸŒŸFairy HanabiâŸŸ (fireworks), which symbolizes Japan's summer celebrations. On the Mt. Takao hike: I hiked through forests and temples, ultimately taking in the sights of Tokyo. At welcome/farewell parties: These parties, held at the Okuma Garden House, allowed me to enjoy traditional foods such as *okonomiyaki* (savory pancakes) with local and international students.</p> <p>Living in Tokyo also taught me independence and adaptability. Navigating the city, trying new foods, and observing Japanese social etiquette were all part of the learning process.</p> <p>My summer exchange at Waseda University was a transformative journey that blended academic rigor with rich cultural immersion. Through interdisciplinary courses, I learned to connect financial concepts with broader societal issues, expanding my perspective beyond my finance major. The program's diverse activities - from sumo wrestling to Nikko shrine visits - deepened my appreciation for Japanese traditions while forging international friendships. These experiences honed my adaptability, cross-cultural communication, and critical thinking skills. The balance of structured academics and spontaneous exploration taught me the value of stepping outside my comfort zone. As I return to my studies, I carry with me not just memories, but a more global mindset that will undoubtedly enrich both my personal growth and future finance career. This exchange reaffirmed that true education extends far beyond textbooks and classrooms.</p>
YEAR 3	BA VISUAL ARTS CD	Europe	United Kingdom	University of the Arts London	<p>My time in London has been incredibly enriching, offering deep cultural and historical immersion alongside an intense but rewarding short course in Fashion Design at UAL. Throughout the program, I have gained significant insight into fashion illustration, the design process, and the development of a fashion brandâ€™from initial concepts to the professional workflow behind established labels.</p> <p>This learning experience stands in stark contrast to curricula in Hong Kong, providing a fresh perspective and profound inspiration for my own artistic and career development. London, as a culturally rich and artistic hub, is the perfect environment to learn and pursue my dreams.</p> <p>A particular highlight was attending my first-ever fashion show and having the privilege of listening to talks facilitated by world-renowned designers. It was an unforgettable opportunity to learn directly from industry leaders.</p>

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YEAR 3	BBA MARKETING	Europe	United Kingdom	University of Leeds	<p>My four-week Leeds summer exchange was an incredible experience. The programme’s affordability, including accommodation and weekday meals, made it accessible and stress-free. The lessons were engaging, with innovative methods unlike those in Hong Kong, such as outdoor learning and the chance to explore subjects like photography, unrelated to my major. This flexibility sparked new interests and creativity.</p> <p>Leeds organized exciting excursions to York, Liverpool, Harrogate, and Whitby, with convenient coach transport, showcasing the UK’s rich culture. Leeds’s central location also allowed weekend trips to London and Edinburgh, which were highlights filled with adventure. The LISS assistants were kind and supportive, creating a welcoming environment that enhanced my experience. These four weeks blended education, exploration, and fun, ideally, leaving me with lasting memories and new friendships. I highly recommend Leeds to anyone seeking a transformative summer abroad.</p>
YEAR 4	BCOMM PRA	Europe	Austria	Vienna University of Economics and Business	<p>I participated in the intensive three-week International Summer University WU 2025, hosted by the renowned Vienna University of Economics and Business (WU). This comprehensive programme offered an in-depth and systematic immersion into Europe's academic and cultural environment. Core courses comprised intensive lectures on global business and economics delivered by WU's leading academics, complemented by compelling presentations from guest speakers across diverse industries. Visits to Austrian enterprises robustly reinforced my theoretical foundations, providing practical insights into local corporate culture and operational practices. Beyond the classroom, the programme featured carefully curated cultural exchange activities, including a formal opening ceremony, a guided tour of Vienna's historic centre, and a celebratory intercultural evening. I further enriched my cultural immersion and broadening my international perspective by independently exploring several Central European nations during my free time, including the Czech Republic, Slovakia, and Hungary. This immersive experience facilitated the acquisition and enhancement of my multifaceted skills. Firstly, it significantly elevated my cross-cultural communication abilities and global perspective. Participating in academic programmes and social activities alongside a diverse cohort of students from over a hundred countries compelled me to consciously cultivate empathy, patience, and adaptive communication strategies. Moreover, navigating the challenges of independent life abroad “ from overcoming subtle linguistic hurdles in daily affairs to meticulously balancing a demanding academic schedule with cultural exploration “ has fostered significant personal growth. These experiences have cultivated a heightened sense of self-reliance, more precise time management skills, and greater flexibility in problem-solving. This learning experience profoundly inspired and crystallised my vision for the future. It has solidified my ambition to pursue an international career path, ideally one involving cross-border collaboration and cross-cultural engagement. Ultimately, this journey transcended mere academic exchange; it proved a transformative experience for me as a global citizen.</p>



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YEAR 4	BBA FINANCE	Europe	Croatia	Zagreb School of Economics and Management	<p>Honestly, when heading to ZSEM on June 30th, I took the wrong busâ€”meant to catch the 109 but hopped on the 146 instead. By chance, I ended up at the 146's final stop right beside this park. I didn't linger then, rushing to drop luggage at my dorm. But after class the next day, I came alone and claimed a bench. That's when my rhythm shifted from Hong Kong's pace to Zagreb's tempo: sitting in the shade with cool breezes, watching kids play in the playground. Just being there. Soothing my soul.</p> <p>Besides, my love letter to Zadar. Here I first saw the Adriatic's sparkle. Perched by the Sea Organ, the "music" felt less melodic, almost noisy. Yet smelling salt winds while hearing waves clash with organ pipes, watching yachts bob... that brought deep calm and freedom. At 8:50 PM, watching the sun set the sky ablaze ignited my full-blown love for Croatia.</p>
YEAR 3	BCOMM GDA	Europe	Czech Republic	Masaryk University	<p>Overall, my summer abroad experience was both informative and entertaining. I had the opportunity to immerse myself in the rich history of the country by visiting famous landmarks. Not only visiting the host institutionâ€™s city and the capital, but we also get to visit some small cities like Telá, ĀĚeská@ BudĀjovice, etc. Exploring these historical sites allowed me to gain a deeper understanding of the cultural heritage that shapes the nation today.</p> <p>In addition to the educational aspect, I also love the outdoor learning activities. Fortunately, we did not need to stay in the classroom all day long. We held our lessons in parks, museums, and libraries. This enhanced the immersive experience and created a relaxed atmosphere that encouraged students to engage with Czech heritage.</p> <p>The school played an important role in my experience by teaching us some practical Czech phrases and vocabulary that were incredibly useful for everyday interactions, especially when it came to ordering food. Learning these phrases empowered me to navigate local markets and restaurants with confidence, making it easier to connect with the locals. This linguistic skill helped me blend in more seamlessly, breaking down barriers and fostering genuine interactions.</p> <p>Overall, this summer abroad has left me with lasting memories and a desire to explore more of the country in the future.</p>

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YEAR 4	BBA ISBI	Europe	Denmark	Aarhus University	<p>During my summer in Aarhus, Denmark, I had a wonderful time. I enrolled in a summer course at Aarhus University, which is located in Denmark's second-largest city, a beautiful coastal area. I met friends from different places while staying in my dorm, and we often gathered at an Asian restaurant. The course provided me with valuable insights into European energy supply and market prospects, enriching my knowledge significantly. Overall, my experience in Aarhus was both educational and enjoyable, making it a memorable summer.</p>
YEAR 1	BCOMM GDA	Europe	France	EFAP School of Communication	<p>The days in Paris were like a flowing art feast. I admired the masterpieces of the Renaissance in the Louvre, appreciated the Impressionist play of light and shadow in the Musée d'Orsay, and explored avant-garde modern art in the Centre Pompidou. The collision of different art schools made me marvel at the vastness of art.</p> <p>The caf��s, second-hand bookstalls on the streets are full of cultural romance everywhere. What��s more heartwarming is that Parisians will take the initiative to walk you a section when you ask for directions, strangers in the subway will enthusiastically tell you the transfer direction, and passers-by will even come to help you carry your luggage. Chatting about art and life with classmates from all over the world by the Seine, we come from different cultural backgrounds, but we can communicate without any barriers. You talk about the customs of your hometown, and I share my growth stories.</p> <p>This trip to Paris, the diversity of art and the warmth of people have become shining memories in my heart.</p>

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YEAR 4	BA C & P WRITING	Europe	France	EFAP School of Communication	<p>This summer in France was transformative, filled with lessons in sustainable fashion, cultural exchanges, and climate action. From the vibrant flea markets to quaint bookstores, I discovered the beauty of reuse and the stories behind each item. Engaging in language practice allowed me to connect deeply with the local culture, enhancing my appreciation for diversity.</p> <p>Participating in artistic exchanges opened my eyes to different perspectives, aligning with my commitment to the Sustainable Development Goalsâ€”particularly in education, responsible consumption, and climate action. The scents, sounds, and emotions of my surroundings inspired me to embrace a lifestyle of responsible consumption and environmental stewardship.</p> <p>Through sharing these experiences, I hope to inspire others to become global citizens who care for our planet.</p>
YEAR 3	BA HIST	Europe	Germany	Freie Universitt Berlin	<p>I registered for the course that talks about the history of Adolf Hitler and is taught in English. My professor gave me a thought-provoking and rich class. Through this course, I really improved my English level, as I will talk to my professor and classmates, and most of them speak English. Sometimes, the professor will introduce the valuable historical landmarks and chat with us after class. In addition, I do expand my horizons. Besides enhancing my knowledge in history via visiting my historical landmarks and museums in Berlin, I also know more German history and cultures, as I had an immersive experience in Berlin for six weeks, during which I went to different local markets and the places that Germans visit in their leisure time.</p>

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YEAR 2	BA ENG	Europe	Germany	Bauhaus Summer School	<p>Participating in the Bauhaus Summer School not only deepened my understanding of the German language but also significantly broadened my worldview and enriched my academic journey. This experience was transformative in ways I hadnâ€™t anticipated, and I am grateful for the opportunities it provided.</p> <p>Stepping into a new culture, especially one as rich in history and innovation as Germany, was eye-opening. Every interaction, whether in the classroom or at local cafes, was a lesson in cultural exchange. I learned to navigate not only the German language but also the subtleties of social interactions and customs that are unique to this vibrant country. This immersion allowed me to see the world through a different lens, fostering a greater understanding of global interconnectedness.</p> <p>One of the most enriching aspects of my summer exchange was the friendships I formed. Meeting peers from various backgrounds brought a wealth of perspectives and experiences into my life. We bonded over shared challenges in language learning and explored the city together, discovering its hidden gems and iconic landmarks. These friendships transcended cultural barriers, creating a sense of community that I hadnâ€™t expected.</p> <p>Through extracurricular activities, I not only improved my German but also learned the value of teamwork and diverse viewpoints. Each friend I made added a new layer to my understanding of different cultures, and these relationships continue to inspire me academically and personally.</p> <p>Academically, the Bauhaus Summer School offered a unique curriculum that combined language and cultural learning by visiting numerous museums. I found myself more engaged and motivated, as the learning was not confined to traditional methods but was instead interactive and experiential.</p> <p>The skills I developed during this program are invaluable. I returned home not just with improved language proficiency but with a greater confidence in my ability to communicate across cultures. This experience has encouraged me to pursue further studies and opportunities that emphasize international collaboration and creative thinking.</p>
YEAR 4	BA HIST	Europe	Germany	Freie Universitt Berlin	<p>My summer exchange in Berlin was an unforgettable chapter, defined not just by the incredible history I explored, but by the vibrant new friendships and the simple joy of sharing meals in a new city.</p> <p>The heart of my experience was the thrill of exploring Berlin's world-renowned museums. Wandering through endless galleries became my favorite pastime. Each museum offered a different adventure: getting lost in the immersive replica of an East Berlin apartment at the DDR Museum, feeling the sobering weight of history at the Topography of Terror, and even the fun of navigating the crowded, chaotic exhibits at Checkpoint Charlie. These solo explorations were moments of pure personal discovery, where I could indulge my passion for history at my own pace, following my curiosity down every corridor.</p> <p>But what truly brought the city to life were the people I shared it with. I was incredibly fortunate to meet so many other students from HKBU who were also on exchange. Thereâ€™s a special kind of bond that forms when youâ€™re all navigating a foreign country together. We became a little family, and our shared background from Hong Kong gave us an instant connection and a sense of home thousands of miles away.</p> <p>Some of my best memories are of our time spent together after a long day of sightseeing. We would gather at cozy German beer gardens, sharing stories over hearty pretzels and schnitzel, or hunt down the best doner kebab stands, which became our go-to late-night snack. The conversations were always lively, filled with laughter about the day's misadventures, comparing notes on which museums were must-sees, and simply enjoying each other's company.</p> <p>These momentsâ€”getting a table at a bustling food market, trying to decipher a German menu, or just enjoying a coffee while people-watchingâ€”were just as valuable as any museum visit. They were the times when the cultural exchange felt most genuine and the friendships grew strongest.</p> <p>My summer in Berlin was a perfect blend of solitary exploration and joyful camaraderie. It was about the awe of standing in front of a historic artifact and the laughter shared over a meal with friends. I returned home not only with a deeper appreciation for history and culture but with cherished new friendships that made the experience truly complete.</p>

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YEAR 3	BA ENG	Europe	Germany	HWR Berlin Economic School	<p>My summer at the HWR Berlin Summer School for entrepreneurship was an enriching experience that blended academic rigor with cultural immersion. Engaging with diverse perspectives in a vibrant city like Berlin enhanced my understanding of global business practices and entrepreneurship. The program not only equipped me with practical skills and valuable insights but also expanded my professional network through interactions with fellow students and industry experts. Navigating a new environment fostered my independence and adaptability, ultimately shaping my career aspirations and reinforcing my commitment to pursuing entrepreneurship in a global context.</p>
YEAR 3	BBA ENTREP & BI	Europe	Poland	Kozminski University	<p>During my 30-day summer exchange program at Kozminski University in Poland, I actively engaged in initiatives that supported several Sustainable Development Goals (SDGs). One of the most impactful experiences was participating in a course titled "Sustainability Transition in Business." This course equipped me with essential knowledge about sustainable business practices and the importance of integrating environmental considerations into corporate strategies.</p> <p>I was particularly inspired by the visible commitment to sustainability in Poland, including the presence of recycling bins throughout the university and surrounding areas. This initiative aligns with SDG 12: Responsible Consumption and Production, which advocates for sustainable management and efficient use of natural resources. Observing how the local community embraced recycling and waste management reinforced my understanding of how small actions contribute to the larger goal of sustainability.</p> <p>Additionally, through discussions and group projects, I collaborated with fellow students from diverse backgrounds to brainstorm innovative solutions to sustainability challenges. This collaborative approach not only fostered a sense of global citizenship but also highlighted the significance of SDG 17: Partnerships for the Goals.</p> <p>In summary, my month in Poland was a transformative experience that deepened my commitment to global citizenship and sustainable development, particularly in the areas of responsible consumption and collaborative efforts.</p>

Feedback from previous Summer Exchange Programmes participants					
Student Year	Major	Region	Country	Instuition	Feedback
YEAR 3	BBA MARKETING	Europe	Spain	Universidad Autónoma de Madrid	<p>Participation in the summer exchange program in the Universidad Aut<sup>3</sup> noma de Madrid has been one of the most fulfilling events of my life. I was able to acquire not only the classes over the four weeks, but also to learn the culture, history, and the life of Madrid.</p> <p>The first time I came I was excited, yet somewhat nervous as well. Coming from Hong Kong, I was interested to experience a European city. The first thing that I noticed was the open spaces and the wide streets as well as the slower pace. It was a thing of delight as opposed to the fast-moving environment at home.</p> <p>The programme was academically healthy. Lectures on how to do business in Spain were interesting and interactive. There were also different visits organised by the school, a visit like madrid city council international lab introduced me to innovation and entrepreneurship. Added to that, excursion into the Spanish Parliament was memorable as it was fascinating to walk around the halls of the parliament and learn more about the way Spanish democracy is working.</p> <p>Visits to culture were also significant. In the Museum of Prado I faced works of Velazquez and was thunderstruck by the richness of Spanish art-life. The most unforgettable is the Flamenco workshop. Initially, it was not easy, I was a bit embarrassed but after some time I lost myself in the beats and the zeal of the dance. The same experience on sharing with the fellow classmates who were in another country brought back into my mind how art brings people together regardless of lingual difference.</p> <p>In the retrospect, it was a lot more than studying abroad. It provided me with new insights, valuable friendships and opportunity to leave the boundaries of my comfort zone. I was able to learn not only at the classroom but also the streets of Madrid, its markets and traditions. It is an experience that I will never forget and Madrid will stay in my heart.</p>
YEAR 3	BBA FINANCE	North America	Canada	University of Ottawa	<p>This exchange program was more than just an academic experience; it was a journey of personal growth. Living in a new country for almost two months taught me independence, adaptability, and cultural awareness. I learned how to navigate unfamiliar environments, embrace different perspectives, and make the most of opportunities outside my comfort zone.</p> <p>I am grateful for the friendships I built, the experiences I shared, and the lessons I learned both inside and outside the classroom. In each course, I was the only exchange student in the class, it was a great chance for me to drive in to their learning culture and atmosphere. The Telfer uOttawa Summer Academy has given me memories that will last a lifetime, and I believe the confidence and skills I gained will serve me well in my future studies and career.</p>

Feedback from previous Summer Exchange Programmes participants					
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YEAR 3	BBA ENTREP & BI	South America	Brazil	ntifical Catholic University of Rio de Janeiro (PUC-R	<p>The Brazilian Seminars 2025 Edition at PUC-Rio provided a rich and comprehensive immersion into Brazilian culture, language, and society.</p> <p>Over nearly a month, the program's blend of 52 hours of lectures, 8 hours of technical visits, and 40 hours of intensive Portuguese language training allowed for a deep understanding of Brazil's diverse panorama, both academically and experientially.</p> <p>Achieving a B2 proficiency in Portuguese during this time highlights a significant commitment to language mastery, fostering more meaningful engagement with Brazil's cultural and social contexts.</p> <p>Receiving an A grade reflects not just attendance but active participation and dedication.</p> <p>Overall, this program was a transformative journey supporting both personal growth and professional development through focused international cooperation and cultural exchange.</p>